Video Feature Script Metastatic Breast Cancer Thriver Sheila McGlown

Meet Sheila McGlown. This Air Force veteran has been living with metastatic breast cancer for more than 10 years. When she was diagnosed in 2009, Sheila had every right to feel some F-words: "frustration," "fear," and "forlorn." After all, the same disease ended her mother's life just five years before.

Instead, she summoned her inner F-words: "faith" and "family" to give her strength to face her diagnosis and help her find a purpose.

That purpose was to become an advocate in ending breast cancer. And Sheila's advocacy involves another list of F-words:

Focus – Sheila is passionately intent on using her voice to educate others about the impact of breast cancer, especially about disparities in breast cancer outcomes for African American women.

Friendship – She has built a network of allies around the world to support one another as they take action to end this disease together.

Fun and Fashion – She incorporates her personality and style as assets in the effort to raise awareness and funds for the movement.

And above all, Ferocity – Sheila has received numerous awards and public recognition for her fierce advocacy work. And, all this work has taken place during what has sometimes been a grueling treatment regimen.

Komen Missouri is proud to call Sheila a special F-word, Friend. We salute her tireless activism, and we thank her for inspiring us to work with others in the community and take action to end breast cancer. Forever.